



O.P. JINDAL GLOBAL  
Institution of Eminence Deemed to be  
**UNIVERSITY**  
*A Private University Promoting Public Service*



# HEALTH CENTRE

Patient-focused healthcare to provide holistic and evidence based primary healthcare to the JGU community distinguished by excellence, collaboration, compassion and respect.

To facilitate students, faculty & staff to maintain physical and mental health wellness by providing:



**PRIMARY HEALTHCARE**  
for comprehensive health needs



**WELL-COORDINATED FIRST AID**  
for immediate assistance



**WELL EQUIPPED AMBULANCE**  
for emergency medical services



**REFERRAL TO MULTISPECIALITY HOSPITALS**  
for specialist consultation/emergency



**CREATING AWARENESS**  
on wellness, prevention & early detection of diseases



**PROMOTING HEALTHY LIVING PRACTICES**  
through lifestyle modifications



 **Helpline No. +91 8930110722**

 [healthcentre@jgu.edu.in](mailto:healthcentre@jgu.edu.in)  [www.jgu.edu.in](http://www.jgu.edu.in)





# HEALTH SERVICES AT JGU HEALTH CENTRE

## Excellent Health Services

Headed by an eminent consultant surgeon, an experienced retired civil surgeon and a team of well experienced residential medical officers are available 24/7 for providing health services to the JGU community with care, compassion and commitment.

## Pharmacy

For convenience, a pharmacy shop, managed by professional pharmacists, is located in front of the Health Centre, operational 24/7 for the entire JGU community.



## Indoor, Flu Ward and Isolation Facilities

Indoor and Flu wards are fully equipped with MGPS system, Multipara Monitors, ECG Machines, a Ventilator and a Defibrillator to handle any emergency at the JGU campus. Patients affected with any contagious disease are kept under observation in a Flu ward, to reduce transmission risk.

## Referral Services to Multispeciality Hospitals

**SONIPAT**

BHATLA HEART & GENERAL HOSPITAL | FIMS HOSPITAL | TULIP HOSPITAL

**NEW DELHI**

APOLLO HOSPITAL | FORTIS HOSPITAL | MAX HOSPITAL

## Diagnostics Collection Centres

DR. LAL PATHLABS | AYUSHMAN DIAGNOSTICS



# Well Furnished Ambulance Service

Well equipped fleet of ambulances for transporting of patients to multispecialty hospitals if required.



## Year wise data of patients attended by Health Centre

	2016-17	2017-18	2018-19	2019-20
Patients attended	19654	16210	16989	19394
Consultant referrals (OPD)	535	413	748	524
Investigations	694	565	520	413
Patients kept under observation at Health Centre	497	792	956	1217
Patients referred to Multispeciality Hospital	52	51	36	63
Physiotherapy sessions conducted	2983	3634	3407	4123



### Defibrillator

Restores a normal heartbeat by sending an electric pulse or shock to the heart. It is used to prevent or correct an arrhythmia, a heartbeat that is uneven or that is too slow or too fast, and to restore the heart's beating if the heart suddenly stops functioning.



### 12 Channel ECG Machines

Twelve channel ECG Machines are robust heart screening devices with built in real time age analysis which make it more reliable. The ECG system can take a printout in 12 ch, 6 ch and 3 ch for interpretation of Conduction, Hypertrophy, Ischemia, Infarction and basic arrhythmia.



### Ventilator

Moves breathable air in and out of the lungs, to provide respiration to a patient physically unable to breathe, or breathing insufficiently due to illness.



### Multipara Monitors

Patient monitoring systems are an indispensable part of critical care. They provide a comprehensive understanding of a patient by giving a broader monitoring scope by providing readings such as heart rate, central venous pressure, non-invasive blood pressure, ECG, SpO2 and invasive blood pressure and temperature. In lieu of that, each bed has been provided with a Multipara monitor.



### Suction Machines

Suction apparatuses, both electrical and foot, are appliances that are used to remove substances such as blood, saliva, mucus, and vomit from a person's airway. A portable suction unit can prevent pulmonary aspiration and facilitate breathing.



### Autoclaves

Autoclave machines are used for sterilizing instruments, OT sheets, gauze, cotton etc. for use in dressing cum minor OT room.

There is an **Emergency Room** fully equipped with MGPS, Suction Machine, ECG Machine, Multipara Monitor, a Ventilator, and a Defibrillator with all emergency medicines required in case of any emergency. This room is used for a seriously ill patient, if any, for providing urgent medical aid as required. Once stable, the patients are then shifted to Indoor units which are also 'fully equipped'.

**Physiotherapy unit is managed by a team of highly skilled and experienced physiotherapists. Physiotherapists are encouraged to do manual therapy, however we also have the following machines:**



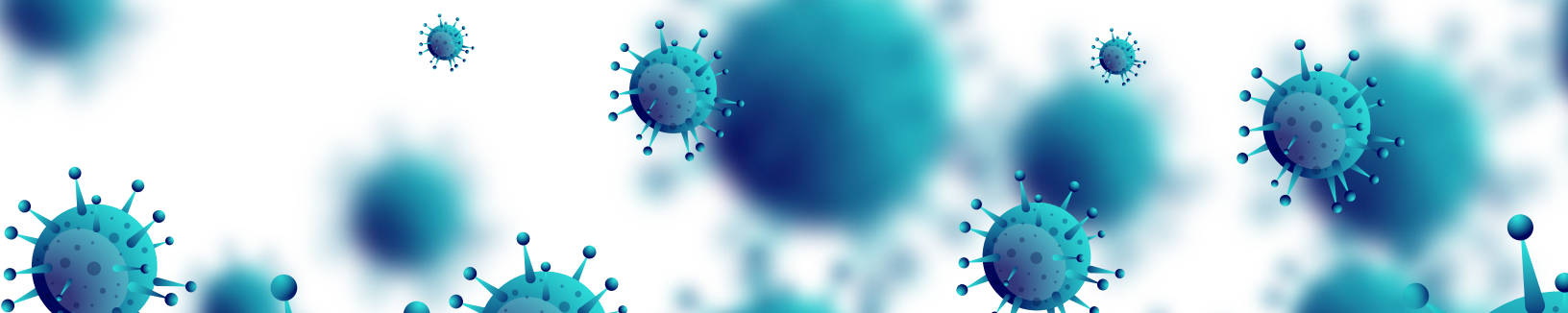
1. Ultrasonic machine for use in soft tissue injuries.
2. Combo-Machines used for musculo-skeletal and neurogenic pain relief.
3. Kinesio Tapes used for stabilization of joints as in sprain, strain etc.
4. Gym balls for balance training.
5. Foam Roller for soft tissue injuries and balancing.
6. Thera Bands and weights for strength training.
7. Y-Board for balance training and strength training.

# COVID-19

## CAMPUS READINESS PLAN FOR HEALTH SAFETY, SECURITY AND WELL-BEING



- Augmentation of campus health centre facilities in terms of equipment, supplies, logistics for isolation facilities and health care staffing.
- Steps taken to ensure health safety and security protocols at the campus entry point.
- COVID-19 marshals deployed to enforce implementation of health and safety protocols on campus.
- Robust cleaning, disinfecting or sanitising of the hostels, dining spaces, academic, administrative blocks and all other facilities on campus according to COVID-19 public health advisories.
- Measures taken to ensure safe water management, food safety and hygiene as part of our dining services, including advisories to retail food outlets on campus.
- Reinforcement of personal hygiene measures through awareness training to dining services employees.
- Work in progress to install Plexiglass barriers at all appropriate places in our dining outlets and other areas as an additional level of protection.
- Monitoring of the maintenance of central air filtration for enhanced and safe airflow.



# CWCS

## CENTRE FOR WELLNESS AND COUNSELLING SERVICES

**CWCS provides both individual and group counselling services to the students, faculty, and staff members of JGU. It includes:**

- Crisis Intervention
- Psychometric Assessments
- Family Therapy
- Group Therapy
- Meditation & Relaxation
- Mentoring Peer Support Group
- Referral Services

**To spread awareness on mental health and well-being and encourage help-seeking behaviours, CWCS organized several activities such as:**

- Mental Health Awareness Week
- Mental Health Campaigns
- Talk Circles
- Creative Art Therapy workshops
- Dance and Movement Therapy Workshops

To cater to the Psychiatric needs of JGU members, CWCS started arranging frequent On-Campus Psychiatrist visits.

The centre plays an active role in mentoring Peer Support Group, offers Counselling support to the referrals from Disability Support Committee, Sexual Harassment Committee and Disciplinary Committee and is also involved in the Research & Publication of its work.

**JGU has collaborated with YourDOST, India's first and the largest online Mental Health and Emotional Wellness Platform.**



# YOUR HEALTH IS OUR PRIORITY

## TEAM OF DOCTORS



**DR. JATINDER SACHDEVA MS**

**Director**  
**Office of Health Services**  
*40+ years of experience*



**DR. INDU KAPOOR MBBS**

**Joint Director**  
**Office of Health Services**  
*40+ years of experience*



**DR. PRIYANKA PANDO MBBS, DLO**

**Resident Medical Officer**  
**Office of Health Services**  
*11+ years of experience*



**DR. KIRTI DAHIYA MBBS**

**Resident Medical Officer**  
**Office of Health Services**  
*1+ years of experience*



**JOINING SOON**

## PHYSIOTHERAPISTS



**MANJU SHEORAN**  
BPT, MPT (ORTHO)

**Physiotherapist**  
**Office of Health Services**  
*6+ years of experience*



**SANDEEP SONI**  
BPT, MPT (NEURO)

**Physiotherapist**  
**Office of Health Services**  
*7+ years of experience*



**MAYANK KHURANA**  
BPT

**Physiotherapist**  
**Office of Health Services**  
*1+ years of experience*

## TEAM OF NURSES



Preeti



Sonia



**Beena Reji**  
(Chief Nurse cum Manager)



Vidya



Amita



Sheena



Neena



Rajiv



Pargat



Sumit

# JGU MEDICAL ADVISORY BOARD



**PADMA SHRI DR. YOGESH KUMAR CHAWLA**  
MD, DM, FAMS (Hepatology)  
Former Director, PGI Chandigarh

**CHAIRMAN**



**PADMA BHUSHAN DR. T. S. KLER**  
DM (Cardiology), FRCP (UK), FACC (USA)  
D.SC (Honoris Causa)  
Chairman, PSRI Heart Institute, New Delhi



**PADMA SHRI DR. YASH GULATI**  
M.S. (Ortho), Mch (Ortho), England  
DIPLOMA in Sports Medicine, Dublin  
Indraprastha, Apollo Hospital, New Delhi



**DR. SUJEET JHA**  
MBBS, MRCP (RCP, UK)  
Principal Director, Endocrinology,  
Diabetes & Obesity, Max Super  
Speciality Hospital- Saket, New Delhi



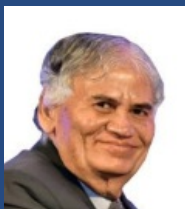
**DR. SHANKAR ACHARYA**  
M.S. (Ortho) DNB (Ortho) FRCS (Edinburgh)  
FRCS (Glasgow) Mch Ortho Liverpool,  
FRCH (Ortho/Department of Spinal Surgery)  
Chairman, Sri Ganga Ram Hospital, New Delhi



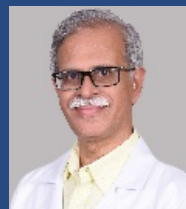
**DR. NEERAJ DHINGRA**  
D Ortho, MP (Community Medicine)  
Director, National Vector Borne Disease  
Central Programme, Ministry of Health &  
Family Welfare, Government of India



**PROF. (DR.) MANMOHAN SINGH**  
DM Cardiology, FIMSA, MRCIS (UK) FCSI  
Former Chairman, Punjab Medical Council  
Former Professor & Head, Deptt. of  
Cardiology, G.S. Medical College



**PROF. (DR.) R.C. JILOHA**  
MD (Psychiatry)  
Prof & Head, Deptt. of Psychiatry &  
Rehabilitation Centre, Jamia Hamdard  
University of Medical Sciences



**DR. NARASIMHAN SUBRAMANIAN**  
M.S. (Surgery), FRCS (ED),  
FRCS Edinburg, FIAMS (Urology)  
Urologist in Institute of Robotic Surgery, London  
Director, Medical Services, Apollo Hospitals  
New Delhi



**DR. VUTHALURU SEENU**  
M.S. (Gen. Surgery)  
Head of Surgical Unit IV  
All India Institute of Medical Sciences  
New Delhi



**DR. P.S.M. CHANDRAN**  
MBBS, MD (Sports Medicine)  
President, Indian Federation of Sports  
Medicine & Former Director  
(Sports Science) Sports Authority of India



**DR. TARUN SAHNI**  
MD, DM Internal Hyperbaric Medicine  
Hyperbaric Oxygen Therapy  
Indraprastha Apollo Hospital, New Delhi



**PROF. (DR.) SUNIL GUPTA**  
MD (Dermatology)  
Prof & Head, Department of Dermatology  
Dayanand Medical College & Hospital  
Ludhiana



**DR. MANOJ BHATLA**  
MD (Medicine), DNB trained Cardiologist  
Consultant Physician & Non Invasive Cardiologist  
Bhatla Heart and General  
Hospital, Sonipat



**DR. ANURAG ARORA**  
MD (Medicine)  
Gen. Physician & Cardiology, Tulip Multi  
Speciality Hospital, Sonipat



**DR. JATINDER SACHDEVA**  
MBBS (Medalist), MS (Gen. Surgery) PHF  
Director, Office of Health Services  
O.P. Jindal Global University

**MEMBER SECRETARY**

## PEOPLE

6600  
Students



735  
Faculty



1:9  
Faculty-Student ratio

37  
Average age of faculty members

2900  
Alumni

## FACULTY

51%  
Alumni from the top 200 global universities

80  
(14%) International faculty from 30 countries

## STUDENTS

85%  
UNDERGRADUATE

15%  
MASTERS / DOCTORAL

50%  
Students on scholarships

28  
Indian States & Union Territories represented by students

## ACCREDITATION & RANKINGS



Granted  
Autonomy by  
University Grants Commission



Ranked 2nd  
Swachh Campus Ranking 2018  
Government of India



Accredited "A" Grade by  
National Assessment  
and Accreditation Council

## SCHOOLS

9  
Schools

27  
Programmes

18 Undergraduate Programmes  
8 Postgraduate Programmes  
Doctoral Programme

<p><b>Jindal Global Law School</b> India's First Global Law School</p>	<p><b>Jindal School of International Affairs</b> India's First Global Policy School</p>
<p><b>JINDAL GLOBAL BUSINESS SCHOOL</b> INDIA'S FIRST MULTI-DISCIPLINARY GLOBAL BUSINESS SCHOOL</p>	<p><b>Jindal School of Liberal Arts &amp; Humanities</b> India's First Transnational Education School</p>
<p><b>Jindal School of Government and Public Policy</b> India's First Public Policy School</p>	<p><b>Jindal School of Journalism &amp; Communication</b> India's First Global Media School</p>
<p><b>JINDAL SCHOOL OF ART &amp; ARCHITECTURE</b> India's First Interdisciplinary School of Built Environment</p>	<p><b>JINDAL SCHOOL OF BANKING &amp; FINANCE</b> India's First Global Finance School</p>
<p><b>JINDAL SCHOOL OF ENVIRONMENT &amp; SUSTAINABILITY</b> India's First Interdisciplinary School of Sustainability</p>	

## RESEARCH

3000+  
Publications

55+  
Interdisciplinary research centres

3 Research & capacity building institutes

**JILDEE**  
JINDAL INSTITUTE OF LEADERSHIP DEVELOPMENT AND EXECUTIVE EDUCATION

**JINDAL INSTITUTE OF BEHAVIOURAL SCIENCES**

**IHEED**  
INTERNATIONAL INSTITUTE FOR HIGHER EDUCATION RESEARCH & CAPACITY BUILDING  
Established through the Home Building O.P. JINDAL GLOBAL UNIVERSITY

## INTERNATIONAL COLLABORATIONS

250+  
Collaborations with International Universities & Higher Education Institutions

10  
Forms of Global Partnerships

50+  
Countries

200+  
Faculty & Student exchange collaborations

20  
Countries represented by students



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O.P. Jindal Global University, Sonipat Narela Road, Sonipat-131001, (Delhi NCR), Haryana, India



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jguvideo

JGU - An Initiative of Jindal Steel & Power Foundation



[www.jgu.edu.in](http://www.jgu.edu.in)

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